

## **Standard Two – Lesson Two: Problem-Solving – Be a S.T.A.R.**

**Time:**30-minute class period

### **Materials:**

“S.T.A.R. of Problem Solving” handout

Be a S.T.A.R.” worksheet

Tape

### **Objectives:**

Students will be able to identify the steps to the S.T.A.R. of Problem Solving.

Students will be able to use the S.T.A.R. of Problem Solving to resolve a conflict situation.

### **Introductory Activity**

Tell students that a problem is a situation that needs a solution. Ask them to brainstorm some problems which students in the 2<sup>nd</sup> Standard face.

### **Activities**

Hand out the S.T.A.R. of Problem-Solving handout. Read through each step, stopping at each one to discuss what it means and how it would be used. You could make a big star with tape on the floor and have students stand on each point of the star as they talk about that step.

Have students break into groups and select a common problem that students might face. Help students generate a list of problems and choose one. Help them work out a short skit using the S.T.A.R. to solve the problem. Have students share their skits for the class.

Bible Memory Verses: James 1:5 If any of you lacks wisdom, he should ask God, and He will give it to him.

Matthew 5:9 – Blessed are the peacemakers, for they shall be called sons of God.

Have students memorize these two verses.

Review the story of Jonah with the students as an example of poor problem solving, running away from God’s plan.

Review then the story of Joseph as an example of good problem solving, using God’s wisdom.

# **S.T.A.R. of Problem-Solving**

## **– Stop and Calm Down**

What is my body telling me?

Take 3 deep breaths.

## **– Think about the Problem**

What happened?

What was I feeling?

## **– Act Smart**

What else could I have done?

What are some ideas to solve this problem?

Which solution am I going to use?

## **– Review**

How did my plan work?

What might I do differently next time to be more successful in solving the problem?

If it worked...CONGRATULATIONS! Keep up the good work!

If not, consider these ideas or one of your own:•Talk to an adult•Ask a friend for help•Or Go through the S.T.A.R. again

**James 1:5** If any of you lacks wisdom, he should ask God, and He will give it to him.

**Matthew 5:9** – Blessed are the peacemakers, for they shall be called sons of God.



## **The Story of Jonah**

(From the Book of Jonah)

God told Jonah, the prophet, to go to Nineveh and warn the people because of their sins. Jonah was afraid of the people, and did not use the steps in the S.T.A.R. of problem solving. Instead, he ran away by getting on a ship headed out to sea. But God sent a great wind and it was about to sink the ship. Jonah told the men on the ship to throw him overboard because his disobedience of God was the cause of the great wind. The men threw Jonah overboard and the sea was immediately calm.

God sent a great fish to swallow Jonah whole. Jonah lived inside the fish for 3 days and 3 nights. Inside the belly of the fish, Jonah called out to God. God heard Jonah and caused the great fish to vomit Jonah out onto dry land. Jonah reviewed how his first plan had worked and decided on a new plan. He would solve the problem by doing what God asked and go to Nineveh

## **The Story of Joseph**

(From Genesis, chapters 37 – 42)

Joseph had been sold as a slave by his brothers and went to Egypt. But God was looking after Joseph and he found favor with Pharaoh, the King when he interpreted Pharaoh's dreams. Joseph told Pharaoh that there would be 7 years of good crops in Egypt followed by 7 years of failed crops. Pharaoh knew that Joseph was a good problem solver and put him in charge in Egypt. Joseph used the steps of the S.T.A.R. by thinking about a solution for the time of famine. He made sure that all of the people of Egypt stored up enough food during the 7 years of good crops to help them survive the 7 years of bad crops. Joseph saved all of the people of Egypt and many from other countries. Joseph listened to God for the solution and obeyed God. As a result, Joseph became a problem solving S.T.A.R. and even took care of his own family when the famine came on the earth. By solving the problem God's way, Joseph turned being sold as a slave into an opportunity to honor God.

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