



Missions of Hope International

Discipline with Love and Logic

Adapted from material provided by the Cline Fay Institute

Main Ideas:

Enforceable Statements

Choices

Consequences

Avoiding a Power Struggle

Can-Do Message / Giving Information

Magic Questions

Helping Kids Solve Their Own Problems

Main Ideas:

Enforceable Statements

- *I'll be happy to once ...*
- *Feel free to when*
- *You're welcome to ... as long as*
- *I allow kids to ... when ...*
- *I allow people to sharpen pencils once I finish giving directions.*

Choices

- *Would you rather ... or ... ?*
- *Do you want to read... or?*
- *Would you like or?*
- *You can either or*
- *Which job would be best for you? ... or ...?*

Note: No answer within 10 seconds, you make the choice. When things aren't going well, make a withdrawal. "I usually give plenty of choices. No its my turn. Thanks for understanding."

Consequences

- *What happened?*
 - *That must feel*
 - *How do you think this should be handled?*
- (Note: Adult raises concerns that need to be addresses.)
- *Good Luck!*
 - *How will we know this is over?*

Remember, the quiet voice wins.

Make it like a business transaction.

Never let them see you sweat.

Get yourself into the thinking mode:

"I'm going to have to do something about that.

But not right now.

I'll get back to you.

Try not to worry."

Avoiding A Power Struggle

- *Saying "No Problem" with Follow up*
- *Use "Broken Record"*
- *Go Brain dead:*
 - *I know.*
 - *That's an interesting way to think about it*
 - *Probably so*
 - *Nice try*
 - *I love you too much to argue*

Can-Do Messages / Giving Information

- *Pinching is not OK*
- *Children who pinch create a problem*
- *My rule is: Don't create a problem.*

Note: Use few word: Anthony - no pinching

Magic Questions

- *What would you like to see happen?*
- *How do you suppose that might work out?*
- *What do you think I think?*
- *Do you think that will work for me or not?*
- *Is it possible that?*
- *Would you like my thinking on that?*
- *On a scale of 1 to 10 how good a decision do you think that is?*

Helping Kids Solve Their Own Problems

- *Bet that feels*
- *How are you going to handle this?*
- *Would you like some ideas?*
- *Any of these sound good to you?*
- *Good Luck!*